

Workout 1 F Individual

HEAT	LANE	DIVISION	AGE	ID	ATHLETE		WARM-UP	START	FINISH
1	1	Intermediate F	64	12030	PERRET GENTIL	JEANNETTE	10:00	10:30	10:39
	2	Intermediate F	61	12029	KLOSSNER	JACQUELINE			
	3	Intermediate F	58	12014	SCARPELLI	EMANUELA			
	4	Intermediate F	55	12008	ARCHER	CRISTINA			
	5	Intermediate F	55	12066	KEIJAMA	ULLA			
	6	Intermediate F	54	12002	LARI	BARBARA			
	7	Intermediate F	54	12054	NERI	PAMELA			
	8	Intermediate F	51	12017	RUS	EVA			
	9	Intermediate F	50	12055	GIUNCO	PAOLA			
	10	Intermediate F	47	12033	AGOSTINELLI	LAURA			
	11	Intermediate F	47	12012	MARTINELLA	ELENA			
	12	Intermediate F	45	12043	WEISZ	MARIA MONIKA			
	13	Intermediate F	43	12001	ARGENTIERI	ANNALISA			
	14	Intermediate F	42	12041	LANDINI	MANUELA			
	15	Intermediate F	42	12013	MICHELLINI	ELENA			
	16	Intermediate F	42	12021	SPENNATO PARISI	FRANCESCA			
	17	Intermediate F	41	12046	BUSOLI	MARTINA			
	18	Intermediate F	41	12009	OBERTI	CRISTINA			
	19	Intermediate F	41	12070	SCHNEPF	VERA			
	20	Intermediate F	40	12067	BUGINI	VALENTINA			
	21	Intermediate F	40	12006	MORELLATO	CLAUDIA			
	22	Intermediate F	40	12052	NEUBERGER	NINA			
	23	Intermediate F	40	12031	ROSS	JESSICA			
	24	Intermediate F	39	12062	CARLETTI	SIMONA			
2	1	Intermediate F	38	12020	RESNATI	FRANCESCA	10:12	10:42	10:51
	2	Intermediate F	38	12063	TIRABORRELLI	SIMONA			
	3	Intermediate F	37	12048	AZAROVA	MARYNA			
	4	Intermediate F	36	12022	MUSCIO	GAIA			
	5	Intermediate F	36	12058	RAIMONDI	SARA			
	6	Intermediate F	36	12036	VILLAN	LAURA			
	7	Intermediate F	35	12016	LANGIANESE	ERIKA			
	8	Intermediate F	35	12069	SCOLA	VALENTINA			
	9	Intermediate F	34	12007	MERLINO	CLIZIA			
	10	Intermediate F	33	12057	CAVAZZINI	SARA			
	11	Intermediate F	33	12061	HANNES	SILVIA			
	12	Intermediate F	33	12010	NUNES	DORIANA			
	13	Intermediate F	33	12032	SEIDEL	JULIA			
	14	Intermediate F	32	12060	CERCATILLO	SILVIA			
	15	Intermediate F	31	12064	BARBIERI	STEFANIA			
	16	Intermediate F	31	12042	BRANNETTI	MARIA CHIARA			
	17	Intermediate F	31	12045	CAVALLINI	MARTA			
	18	Intermediate F	31	12044	CORNETI	MARIA VITTORIA			
	19	Intermediate F	31	12034	GIANINONI	LAURA			
	20	Intermediate F	31	12039	GUERRINI	LINDA			
	21	Intermediate F	31	12037	RICCI MACCARINI	LIA			
	22	Intermediate F	30	12004	AMBROSIO	CAMILLA			
	23	Intermediate F	30	12056	CORTELLI	RITA			
	24	Intermediate F	30	12028	ZANICHELLI	IRENE			
3	1	Intermediate F	29	12027	ADONCECCHI	IRENE	10:24	10:54	11:03
	2	Intermediate F	29	12024	BRETTI	GIORGIA			
	3	Intermediate F	29	12015	CAVALLINI	ENYA			
	4	Intermediate F	29	12011	COLABIANCHI	ELENA			
	5	Intermediate F	29	12049	LANDIS	MELINA			
	6	Intermediate F	29	12019	MILANI	FEDERICA			
	7	Intermediate F	29	12047	TRIOLA	MARTINA			
	8	Intermediate F	29	12000	VISENTIN	ALICE			
	9	Intermediate F	28	12018	DE MARTINO	FABIANA			
	10	Intermediate F	28	12051	GRAY	NATASCHA			
	11	Intermediate F	28	12050	ILIEVSKA	MILENA			
	12	Intermediate F	28	12035	LELII	LAURA			
	13	Intermediate F	28	12025	MEREU	GIORGIA			
	14	Intermediate F	28	12053	MOHII	NOURHAN			
	15	Intermediate F	27	12059	BONARDO	SILVIA			
	16	Intermediate F	27	12068	MILAN	VALENTINA			
	17	Intermediate F	27	12038	SCHIAVO	LIDIA			
	18	Intermediate F	26	12065	RUSSO	TERESA			
	19	Intermediate F	25	12005	CIAKA	CLARA			
	20	Intermediate F	25	12040	DOLCE	LUCIA			
	21	Intermediate F	23	12071	TRIPODO	VERONICA			
	22	Intermediate F	22	12003	SIMON	BORI			
	23	Intermediate F	21	12023	GRASSO	GIADA			
	24	Intermediate F	20	12026	BOEVINK	ILSE			

Workout 1 F Individual

HEAT	LANE	DIVISION	AGE	ID	ATHLETE		WARM-UP	START	FINISH
4	1	Rx F	47	13002	POLLUTRI	ANNA RITA	10:48	11:18	11:27
	2	Rx F	46	13010	ROGGIO	GIULIA			
	3	Rx F	44	13022	BAZZANA	VERA			
	4	Rx F	42	13021	TIBERI	VALENTINA			
	5	Rx F	42	13016	VANTAGGIATO	MARTA			
	6	Rx F	39	13009	MONTAGNA	ELISA			
	7	Rx F	38	13012	CASASCO	ILARIA			
	8	Rx F	38	13014	TOMASELLI	LUANA			
	9	Rx F	37	13018	CAPASSO	RAMONA			
	10	Rx F	36	13001	FRAU	ANASTASIA			
	11	Rx F	35	13019	ALTON	TAYLOR			
	12	Rx F	35	13015	SIRI	LUCREZIA			
	13	Rx F	34	13000	D'AGOSTINO	ALICE GIULIA			
	14	Rx F	33	13013	MCCORMICK	JASMINE			
	15	Rx F	33	13005	SUDATI	CHIARA			
	16	Rx F	32	13007	FAGIOLI	CRISTINA			
	17	Rx F	32	13008	MARIANI	ELISA			
	18	Rx F	32	13004	MODESTO	AURORA			
	19	Rx F	29	13017	PINI	MAZIE			
	20	Rx F	29	13011	SINIGAGLIA	GLORIA			
	21	Rx F	28	13003	RYZHONKOVA	ANNA			
	22	Rx F	27	13020	MILAN	VALENTINA			
	23	Rx F	23	13006	STERCHELE	CLARISSA			
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Workout 1 M Individual

HEAT	LANE	DIVISION	AGE	ID	ATHLETE		WARM-UP	START	FINISH
5	1	Intermediate M	67	22069	CARRETTA	GIANLUCA	11:27	11:57	12:06
	2	Intermediate M	65	22096	CECCARINI	LUCA			
	3	Intermediate M	63	22122	RASETTI	MASSIMO			
	4	Intermediate M	61	22026	GIOACCHINI	CORRADO			
	5	Intermediate M	61	22121	PARADISI	MASSIMO			
	6	Intermediate M	60	22190	MARCONI	VINCENZO			
	7	Intermediate M	60	22103	VENTURINI	LUCA			
	8	Intermediate M	60	22187	VOLPATO	TIZIANO			
	9	Intermediate M	57	22135	VALLOCCHIA	MAURIZIO			
	10	Intermediate M	56	22098	GIACOMELLI	LUCA			
	11	Intermediate M	55	22012	BORRELO	ANDREA			
	12	Intermediate M	54	22083	COSENTINO	ILARIO			
	13	Intermediate M	54	22095	ROCCHI	LORENZO			
	14	Intermediate M	52	22035	CASTAGNARI	DAVIDE			
	15	Intermediate M	52	22056	GARZELLI	FEDERICO			
	16	Intermediate M	51	22133	ESPA	MAURIZIO			
	17	Intermediate M	51	22157	MEGGIOLARO	PARIDE			
	18	Intermediate M	51	22161	SAVOIA	RAFFAELE			
	19	Intermediate M	50	22142	ALBERTI	MIRCO			
	20	Intermediate M	50	22105	BORRIELLO	LUIGI			
	21	Intermediate M	50	22181	DONZELLI	STEFANO			
	22	Intermediate M	49	22114	DI MAURO	MARCO			
	23	Intermediate M	49	22070	MURRALI	GIANSALVATORE			
	24	Intermediate M	49	22004	RAPONI	ALESSANDRO			
6	1	Intermediate M	49	22154	SESTU	OMAR	11:39	12:09	12:18
	2	Intermediate M	48	22134	FARINELLI	MAURIZIO			
	3	Intermediate M	48	22053	PANIZZOLI	FABIO			
	4	Intermediate M	47	22048	BALESTRA	ENRICO			
	5	Intermediate M	47	22063	CINELLI	GABRIELE NATALE			
	6	Intermediate M	47	22052	FENI	FABIO			
	7	Intermediate M	47	22029	KYSELA	DANIEL			
	8	Intermediate M	47	22003	LACAGNINA	ALESSANDRO			
	9	Intermediate M	47	22170	MARTELLI	SALVATORE			
	10	Intermediate M	47	22100	PLEVANO	LUCA			
	11	Intermediate M	47	22132	VESCOVI	MATTIA			
	12	Intermediate M	45	22111	BARONTINI	MARCO			
	13	Intermediate M	45	22168	COTO HERNANDEZ	RUBEN			
	14	Intermediate M	45	22106	FELIZIANI	LUIGI			
	15	Intermediate M	45	22084	MORETTI	ILARIO			
	16	Intermediate M	45	22175	ROBERTI	SIMON			
	17	Intermediate M	44	22185	BRUNNER	TIMO			
	18	Intermediate M	43	22183	MASSIDDA	STEFANO			
	19	Intermediate M	42	22094	IMBRIACO	LORENZO			
	20	Intermediate M	42	22041	VAGNETTI	DAVIDE			
	21	Intermediate M	41	22074	BARRANO	GIUSEPPE			
	22	Intermediate M	41	22020	CANNAS	ANTONELLO			
	23	Intermediate M	41	22080	GABRIELE	GORETTI			
	24	Intermediate M	41	22182	MALAGUTI	STEFANO			

7	1	Intermediate M	41	22019	PRETE	ANGELO	11:51	12:21	12:30
	2	Intermediate M	41	22071	RAGAINI	GIOVANNI			
	3	Intermediate M	41	22117	TRAVERSO	MARCO			
	4	Intermediate M	41	22172	VERDECCHIA	SANDRO			
	5	Intermediate M	41	22104	VISCIANO	LUCA			
	6	Intermediate M	40	22016	GIANCROCE	ANDREA			
	7	Intermediate M	40	22050	SICHIROLLO	ENRICO			
	8	Intermediate M	40	22139	VANCINI	MICHAEL			
	9	Intermediate M	40	22163	VENEGAS GLEZ	RICARDO			
	10	Intermediate M	40	22091	WANKA	KEVIN			
	11	Intermediate M	39	22162	ALYAMMAHI	RASHID			
	12	Intermediate M	39	22049	CARCAPEDE	ENRICO			
	13	Intermediate M	39	22075	CASATI	GIUSEPPE			
	14	Intermediate M	39	22120	CORTESI	MASSIMO			
	15	Intermediate M	39	22180	CRIPPA	STEFANO			
	16	Intermediate M	39	22000	GORCSOS	AKOS			
	17	Intermediate M	39	22033	PEZZO	DAVID			
	18	Intermediate M	38	22047	ARCHS	ENRIC			
	19	Intermediate M	38	22066	DONATI	GIACOMO			
	20	Intermediate M	38	22140	GIULIANINI	MICHELE			
	21	Intermediate M	38	22082	HERRERA	GUSTAVO			
	22	Intermediate M	38	22127	NICOLINI	MATTEO			
	23	Intermediate M	38	22028	NIDES	DAN			
	24	Intermediate M	38	22184	ROBERTO	TAMIRI			
8	1	Intermediate M	38	22040	ROSSI	DAVIDE	12:03	12:33	12:42
	2	Intermediate M	38	22072	SIROCCHI	GIOVANNI			
	3	Intermediate M	38	22042	STOJKOVSKI	DEAN			
	4	Intermediate M	38	22167	TROVATO	ROBERTO			
	5	Intermediate M	37	22160	CASTALDO	RAFFAELE			
	6	Intermediate M	37	22148	LENDARO	NICOLA			
	7	Intermediate M	37	22057	MAMELI	FEDERICO			
	8	Intermediate M	37	22126	MONACI	MATTEO			
	9	Intermediate M	37	22086	PETRACCARO	IVAN			
	10	Intermediate M	37	22144	RAVERA	MORENO			
	11	Intermediate M	36	22011	ASSI	ANDREA			
	12	Intermediate M	36	22165	BONFIRRARO	RICCARDO			
	13	Intermediate M	36	22174	BÜCHLER	SEVERIN			
	14	Intermediate M	36	22130	CHIESI SACCARDO	MATTIA			
	15	Intermediate M	36	22156	CRISTAUDO	PAOLO			
	16	Intermediate M	36	22109	FARGHALY	MAHMOUD			
	17	Intermediate M	36	22062	GARCIA	FREDERIC			
	18	Intermediate M	36	22097	GENOVESE	LUCA			
	19	Intermediate M	36	22118	MENI	MARIO			
	20	Intermediate M	36	22101	PREGNOLATO	LUCA			
	21	Intermediate M	36	22006	SAPOROSO	ALESSANDRO			
	22	Intermediate M	36	22186	TORRE	TIMOTHY			
	23	Intermediate M	35	22155	CORNELLI	PAOLO			
	24	Intermediate M	35	22037	COSTA	DAVIDE			
9	1	Intermediate M	35	22176	DEMARTINO	SIMONE	12:15	12:45	12:54
	2	Intermediate M	35	22010	FRIXIONE	ALESSIO			
	3	Intermediate M	35	22067	MARCONI	GIACOMO			
	4	Intermediate M	34	22123	COLOMBO	MATTEO			
	5	Intermediate M	34	22131	GRILLINI	MATTIA			
	6	Intermediate M	34	22065	MADONE	GASPARE			
	7	Intermediate M	34	22088	PEJCL	JARO			
	8	Intermediate M	34	22018	PODDA	ANDREA			
	9	Intermediate M	34	22107	RICCI	LUIGI			
	10	Intermediate M	34	22005	ROFI	ALESSANDRO			
	11	Intermediate M	34	22166	RUARO	RICCARDO			
	12	Intermediate M	34	22021	SERAFINI	ANTONIO			
	13	Intermediate M	34	22081	SORINO	GUIDO			
	14	Intermediate M	34	22007	SORU	ALESSANDRO			
	15	Intermediate M	34	22008	TAMAI	ALESSANDRO			
	16	Intermediate M	33	22090	ASSENZA	JONATHAN CHRISTIAN			
	17	Intermediate M	33	22119	BENEDETTI	MASSIMO			
	18	Intermediate M	33	22073	BERTOLINO	GIULIO			
	19	Intermediate M	33	22031	BERTULLACELLI	DANIELE			
	20	Intermediate M	33	22024	BOSHKOV	BOBAN			
	21	Intermediate M	33	22013	CALVISE	ANDREA			
	22	Intermediate M	33	22038	CARMINATI	DAVIDE LORENZO			
	23	Intermediate M	33	22189	CHIRCO	VINCENZO			
	24	Intermediate M	33	22014	COTUGNO	ANDREA			

10	1	Intermediate M	33	22188	GIANDOMENICO PASSERI	VALENTINO	12:27	12:57	13:06
	2	Intermediate M	33	22150	GIOACCHINI	NICOLÒ			
	3	Intermediate M	33	22115	GIOTTO	MARCO			
	4	Intermediate M	33	22151	MANDATO	NICOLÒ			
	5	Intermediate M	33	22099	MAROZZI	LUCA			
	6	Intermediate M	33	22054	PICCIRILLO	FABRIZIO			
	7	Intermediate M	33	22158	ROSSI	PIERGIORGIO			
	8	Intermediate M	33	22078	VALLE	GIUSEPPE			
	9	Intermediate M	33	22128	VIAPPIANI	MATTEO			
	10	Intermediate M	32	22027	ANGELINO	CRISTIAN			
	11	Intermediate M	32	22046	BERTONCELLO	EMANUELE			
	12	Intermediate M	32	22179	CERQUONE	STEFANO			
	13	Intermediate M	32	22147	GAGLIANI	NICOLA			
	14	Intermediate M	32	22032	GENNA	DARIO			
	15	Intermediate M	32	22173	GULINA	SEBASTIANO			
	16	Intermediate M	32	22017	PEDULLÀ	ANDREA			
	17	Intermediate M	32	22129	PETZ	MATTHIAS			
	18	Intermediate M	32	22149	SERVADEI	NICOLA			
	19	Intermediate M	32	22116	SPAGNUOLO	MARCO			
	20	Intermediate M	32	22061	TOSI	FRANCESCO			
	21	Intermediate M	31	22051	BARTOLINI	FABIO			
	22	Intermediate M	31	22085	DJASHIKOV	IVAN			
	23	Intermediate M	31	22159	GERACE	PIETRO			
	24	Intermediate M	31	22030	PHILIPPS	DANIEL			
11	1	Intermediate M	31	22153	QUARATI	NICOLO	12:39	13:09	13:18
	2	Intermediate M	31	22169	ROBOTTI	RUGGERO			
	3	Intermediate M	31	22034	VETRANO	DAVIDE ANTONINO			
	4	Intermediate M	30	22055	BERTOCCHI	FEDERICO			
	5	Intermediate M	30	22015	DI STEFANO	ANDREA			
	6	Intermediate M	30	22068	FAVA	GIANCARLO			
	7	Intermediate M	30	22089	HOLY	JIRI			
	8	Intermediate M	30	22108	MODI	LUIS			
	9	Intermediate M	30	22043	NOVELLO	DENIS			
	10	Intermediate M	30	22039	PELLIZZONI	DAVIDE			
	11	Intermediate M	30	22178	ZEN	SIMONE			
	12	Intermediate M	29	22143	CEDRINI	MIRKO			
	13	Intermediate M	29	22002	KRUSHAREV	ALEKSANDAR			
	14	Intermediate M	29	22060	MAGRI	FRANCESCO			
	15	Intermediate M	29	22141	SPAZIANI	MICHELE			
	16	Intermediate M	29	22077	TOMASELLI	GIUSEPPE			
	17	Intermediate M	29	22064	UBERTI	GABRIELE			
	18	Intermediate M	28	22138	BORSA	MICHAEL			
	19	Intermediate M	28	22059	DE ANGELIS	FRANCESCO			
	20	Intermediate M	28	22044	DIENG	DJIBRIL			
	21	Intermediate M	28	22191	EL JARARI CHARQUI	YOUNES			
	22	Intermediate M	28	22177	GUALDERONI	SIMONE			
	23	Intermediate M	28	22022	IMAMOVIC	ARNES			
	24	Intermediate M	28	22076	SALERNO	GIUSEPPE			
12	1	Intermediate M	28	22093	SERINELLI	LEONARDO	12:51	13:21	13:30
	2	Intermediate M	28	22087	STOJICEVIC	IVAN			
	3	Intermediate M	28	22110	TOSKU	MAKSUT			
	4	Intermediate M	27	22145	BEHA	MORITZ			
	5	Intermediate M	27	22113	BREVI	MARCO			
	6	Intermediate M	27	22125	MATACENA	MATTEO			
	7	Intermediate M	27	22102	TONONI	LUCA			
	8	Intermediate M	26	22112	BELLONE	MARCO			
	9	Intermediate M	26	22124	DE LUCA	MATTEO			
	10	Intermediate M	26	22001	FACE	ALBERTO			
	11	Intermediate M	25	22023	BALAISH	BAR			
	12	Intermediate M	25	22164	BARELLI	RICCARDO			
	13	Intermediate M	25	22146	DE SANTIS	NICOLA			
	14	Intermediate M	25	22152	MANZO	NICOLÒ			
	15	Intermediate M	24	22025	CHIUSELLI	CHRISTIAN			
	16	Intermediate M	24	22058	QUINTILIANI	FILIPPO			
	17	Intermediate M	24	22079	ZAMMATARO	GIUSEPPE			
	18	Intermediate M	23	22171	AVANZO	SAMUELE			
	19	Intermediate M	22	22045	BALLARINI	EDOARDO			
	20	Intermediate M	22	22136	D'ALANNO	MAURO			
	21	Intermediate M	22	22092	IANNUZZI	LEONARDO			
	22	Intermediate M	21	22036	CASTELLI	DAVIDE			
	23	Intermediate M	20	22137	URBANY	MAX			
	24	Intermediate M	19	22009	FONTANA	ALESSIO			

Workout 1 M Individual

HEAT	LANE	DIVISION	AGE	ID	ATHLETE		WARM-UP	START	FINISH
13	1	Rx M	61	23025	PASTORE	DOMENICO	13:15	13:45	13:54
	2	Rx M	60	23084	CASTRIOTA SKANDERBEG	ROBERTO			
	3	Rx M	58	23070	GUERRA	MAURIZIO			
	4	Rx M	58	23089	WHITTAKER	TIM			
	5	Rx M	55	23028	TROMBETTA	EMILIO			
	6	Rx M	54	23016	SBRICCOLI	ARNALDO			
	7	Rx M	54	23013	SEGRETO	ANGELO			
	8	Rx M	51	23069	GERLA	MAURIZIO			
	9	Rx M	51	23029	ROCCHI	ENRICO			
	10	Rx M	51	23039	SERAFINO	GIANNI			
	11	Rx M	51	23032	VEFRANO	FABRIZIO MASSIMILIANO			
	12	Rx M	50	23061	CATARISANO	MATTEO			
	13	Rx M	50	23031	ERRIU	FABRIZIO			
	14	Rx M	50	23064	MANCINI	MATTEO			
	15	Rx M	50	23051	MATTEONI	LUCA			
	16	Rx M	50	23041	SPINELLI	GIORDANO			
	17	Rx M	49	23044	COLTRO	GIOVANNI			
	18	Rx M	49	23003	DOMENICI	ALDO			
	19	Rx M	49	23006	PERIN	ALESSANDRO			
	20	Rx M	47	23004	CREMONESI	ALESSANDRO			
	21	Rx M	47	23008	SIMIONATO	ALESSANDRO			
	22	Rx M	47	23052	ZUCCHINI	LUCA			
	23	Rx M	46	23036	CAPUTANO	GENNARO			
	24	Rx M	46	23049	ZANIBONI	LORENZO			
14	1	Rx M	45	23092	MONTELEONE	VALERIO	13:27	13:57	14:06
	2	Rx M	45	23057	PALANA	MARCO			
	3	Rx M	45	23068	TERENZI	MATTIA			
	4	Rx M	44	23085	ANTONACI ENDEMIONE	SANTO STEFANO			
	5	Rx M	44	23080	PALUMBO	PASQUALE			
	6	Rx M	43	23083	FRISONE	RICCARDO			
	7	Rx M	43	23086	GONZALEZ	SAUMEL			
	8	Rx M	43	23005	GRIGGIO	ALESSANDRO			
	9	Rx M	43	23040	ZAMPONI	GIONATA			
	10	Rx M	42	23082	CASOLI	RAFFAELE			
	11	Rx M	42	23073	GALLAZZI	MICHELE			
	12	Rx M	42	23090	TIBERI	TOMAS			
	13	Rx M	41	23030	MANNINO	FABIO			
	14	Rx M	41	23017	MIHAJLOVSKI	ATANAS			
	15	Rx M	41	23007	PINNA	ALESSANDRO			
	16	Rx M	41	23014	RILLO	ANTONIO			
	17	Rx M	40	23072	DAMBROSIO	MICHELE			
	18	Rx M	40	23081	IMERI	PIETRO			
	19	Rx M	40	23056	MAGNOLO	MARCO			
	20	Rx M	40	23058	SANTANGELO	MARCO			
	21	Rx M	39	23010	BELOTTI	ANDREA			
	22	Rx M	39	23088	CAPECE	STEFANO			
	23	Rx M	39	23042	PIERGIACOMI	GIORGIO			
	24	Rx M	38	23087	AROLI	SIMONE			
15	1	Rx M	37	23038	FABBRINI	GIANMARIA	13:39	14:09	14:18
	2	Rx M	37	23066	FONTANOT	MATTIA			
	3	Rx M	37	23045	GALASSO	GIROLAMO			
	4	Rx M	36	23001	GASPARINI	ALBERTO			
	5	Rx M	36	23055	GUERRIERO	MARCO			
	6	Rx M	36	23063	LUPI	MATTEO			
	7	Rx M	36	23024	SCUDERI	DAVIDE			
	8	Rx M	35	23023	GIUSTI	DAVIDE			
	9	Rx M	35	23059	PISTORE	MATTEO ANTONIO			
	10	Rx M	35	23067	ROSSI	MATTIA			
	11	Rx M	35	23033	WEBER	FLORIAN			
	12	Rx M	34	23050	CORDA	LUCA			
	13	Rx M	34	23071	COSTANTINO	MICHEL			
	14	Rx M	34	23079	DI GIUSEPPE	PAOLO			
	15	Rx M	33	23034	ASARO	FRANCESCO			
	16	Rx M	33	23046	DI TURRO	GIUSEPPE			
	17	Rx M	33	23048	MERCURIO	JONATHAN			
	18	Rx M	32	23021	CAETANO	DAVID			
	19	Rx M	32	23054	CECCHETTI	MARCO			
	20	Rx M	32	23022	CORTESI	DAVIDE			
	21	Rx M	32	23075	ELIAS	MUANDA			
	22	Rx M	32	23091	TUFO	VALERIO			
	23	Rx M	31	23078	CAPPELLI	PAOLO			
	24	Rx M	31	23020	GHERBI	DANIEL			

16	1	Rx M	31	23002	PACI	ALBERTO	13:51	14:21	14:30
	2	Rx M	31	23012	RUSSO	ANDREA			
	3	Rx M	30	23026	ALESSI	EMANUELE			
	4	Rx M	30	23062	GATTI	MATTEO			
	5	Rx M	30	23093	SCHWARTZ	VINCENT			
	6	Rx M	30	23037	ZICCARELLI	GIANLUCA			
	7	Rx M	29	23015	BUGLIONE	ANTONIO ROCCO			
	8	Rx M	29	23027	DI MASCIO	EMANUELE			
	9	Rx M	29	23000	RAMA	ADEM			
	10	Rx M	28	23035	BASSO	FRANCESCO			
	11	Rx M	28	23094	HERMANN	YANNICK			
	12	Rx M	28	23047	POLLINA	IGNAZIO			
	13	Rx M	28	23019	VAN RENTERGHEM	BRENT			
	14	Rx M	28	23074	VISAGGI	MICHELE			
	15	Rx M	27	23043	CANNIZZARO	GIOVANNI			
	16	Rx M	27	23095	MARANTA	YURI			
	17	Rx M	27	23065	MASCOLO	MATTEO			
	18	Rx M	26	23053	AL HADDAD	MAJID			
	19	Rx M	26	23009	BASSO	ANDREA			
	20	Rx M	26	23060	BELOTTI	MATTEO			
	21	Rx M	26	23077	BEQIRAJ	PAOLO			
	22	Rx M	25	23076	LECCHI	NICOLÒ			
	23	Rx M	25	23018	NORDJORE	BJØNN			
	24	Rx M	24	23011	POLIZZI	ANDREA			

Workout 1-2-3 Team

HEAT	LANE	DIVISION	ID	TEAM	WARM-UP	START	FINISH
17	1	Beginner MMF	3100	CROSSBOXPATTI	14:15	15:00	16:00
	2	Beginner MMF	3101	SBAM			
	3	Beginner MMF	3102	BIONDA, LUNGO, PACIOK			
	4	Beginner MMF	3103	2 PELATI & 1 PATATA			
	5	Beginner MMF	3104	L'ULTIMA SPIAGGIA			
	6	Beginner MMF	3105	PVC E GHISA			
	7	Beginner MMF	3106	DIABOLICO TRIO			
	8	Beginner MMF	3107	BLACK PHOENIX			
	9	Beginner MMF	3108	COMPAGNI DI MERENDE			
	10	Beginner MMF	3109	BAR-PLEASE			
	11	Beginner MMF	3110	LITTLE DEERS			
	12	Beginner MMF	3111	ATLETI CON ROBERTA			
	13	Beginner MMF	3112	MIX BOX			
	14	Beginner MMF	3113	TIRAMO A KAMPARI			
	15	Beginner MMF	3114	KKT LE RISERVE			
	16	Beginner MMF	3115	SUDO ERGO SUM			
	17	Beginner MMF	3116	I WHIPPET			
	18	Beginner MMF	3117	BOH È UGUALE			
	19	Beginner MMF	3118	TEAM TRITIUM			
	20	Beginner MMF	3119	BCROSS			
	21	Beginner MMF	3120	I 3 PULCINI			
	22	Beginner MMF	3121	TEAM OF 1984			
	23	Beginner MMF	3122	FA(C)K			
	24	Beginner MMF	3123	TEAM ELON MURPH			

Workout 1-2-3 Team

HEAT	LANE	DIVISION	ID	TEAM	WARM-UP	START	FINISH
18	1	Intermediate MMF	3200	DEVASTANTI	15:30	16:15	17:15
	2	Intermediate MMF	3201	SOBRI PER CASO			
	3	Intermediate MMF	3202	STREET 102			
	4	Intermediate MMF	3203	CROSSFIT CANTIERE			
	5	Intermediate MMF	3204	TEAMBRIACHI			
	6	Intermediate MMF	3205	TRIO LE MURA			
	7	Intermediate MMF	3206	I BELLI E LA BESTIA			
	8	Intermediate MMF	3207	BIG FRIDAY			
	9	Intermediate MMF	3208	TEAM GORILLA			
	10	Intermediate MMF	3209	CFAP VETERANS			
	11	Intermediate MMF	3210	KAIZEN ACADEMY			
	12	Intermediate MMF	3211	2 BANANE E NA FRAGL			
	13	Intermediate MMF	3212	ATLETI SENZA GLORIA			
	14	Intermediate MMF	3213	GLI ELITE INCOMPRESI			
	15	Intermediate MMF	3214	ALIS' LITTLE ONES			
	16	Intermediate MMF	3215	FRESH PRESS			
	17	Intermediate MMF	3216	BUSY BEE			
	18	Intermediate MMF	3217	TORTELLINI E BABÀ2.0			
	19	Intermediate MMF	3218	LI MORTOUCH AND GO			
	20	Intermediate MMF	3219	COSE A TRE CON ROSS			
	21	Intermediate MMF	3220	THE BROTHERHOOD			
	22	Intermediate MMF	3221	TEAM KKT			
	23	Intermediate MMF	3222	TREETATI			
	24	Intermediate MMF	3223	NO PAIN, NO GAIN			